

בְּרוּךְ שֶׁאָמַר

Baruch She'amar

Kol Haneshamah Page 177-179

בְּרוּךְ שֶׁאָמַר וְהָיָה הָעוֹלָם, בְּרוּךְ הוּא,

Baruch she-amar v'hayah ha-olam, baruch hu,

Blessed is the one who spoke and all things came to be, blessed are you!

בְּרוּךְ עֲשָׂה בְּרֵאשִׁית,

Baruch oseh v'reishit,

Blessed, who created all in the beginning

בְּרוּךְ אוֹמֵר וְעוֹשֶׂה,

Baruch omer v'oseh,

Blessed is the one who speaks and acts

בְּרוּךְ גּוֹזֵר וּמְקַיֵּם,

Baruch gozer umkayem,

Blessed, who determines and fulfills

בְּרוּךְ מֶ-חַס עַל הָאָרֶץ,

Baruch m'rachem al ha'aretz,

Blessed, who deals kindly with the world

בְּרוּךְ מִרְחַם עַל הַבְּרִיּוֹת,

Baruch m'rachem al habriyot,

Blessed, who acts kindly toward all creatures

בְּרוּךְ מְשַׁלֵּם שְׂכָר טוֹב לִירֵאָיו,

Baruch m'shalem sachar tov lirey-av

Blessed, who responds with good to those in awe

בְּרוּךְ מַעֲבִיר אֶפְלָה וּמְבִיא אוֹרָה,

Baruch ma'avir afeylah umeyvi orah

Blessed, who removes the dark and brings the light

בְּרוּךְ חַי לְעַד וְקַיֵּם לְנֶצַח,

Baruch chai la'ad v'kayam lanetzach

Blessed is the one who exists eternally and lasts forever

בְּרוּךְ פּוֹדֶה וּמְצִיל, בְּרוּךְ הוּא וּבְרוּךְ שְׁמוֹ.

Baruch podeh umatzil, baruch hu uvaruch sh'mo.

Blessed, who delivers and redeems, Blessed are you and your name.